

WE ARE UNSINKABLE

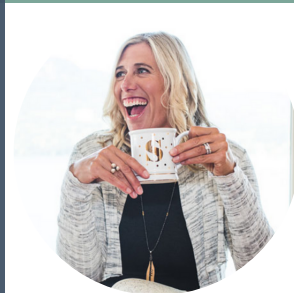
WE SHARE STORIES, AMPLIFY VOICES, AND OFFER A COMMUNITY OF SUPPORT, RESOURCES AND PROGRAMS BUILT WITH YOUR WELLBEING IN MIND.

MISSION:

To inspire, empower and support healthy well-being by connecting people to human stories and resources.

VISION

To empower humans, now and future generations to take positive action toward their whole health.



FOUNDED BY
4-TIME OLYMPIAN
SILKEN LAUMANN.

OUR PROGRAMS



STORYTELLING

The heart of our organization begins with our storytelling program. People in this program work with the Unsinkable team, where they are supported, encouraged & mentored to share perspectives & lived experiences through their own unique stories. Since 2019, we have shared over 200 stories of struggle and recovery.



COMMUNITY CHAMPIONS

This program is lead by the faces and voices of Unsinkable and facilitated by our Manager of Community Support. Our Community Champions are advocates & mutual partners that work alongside our organization to share ideas, insights and support our mission. We support them by amplifying their voices, connecting them with community, and helping them further their personal wellness goals. Together, we support our Unsinkable family.



YOUTH COUNCIL

Our Youth Council is composed of two groups of youth ages, (12-14 & 15-23). Each group meets once a month virtually & collaborates regularly on projects devoted to impact our Unsinkable Youth community. Through this program our youth are educated, empowered, heard, safe to be vulnerable & connected to peers. We aim to create mental health support through real conversation facilitated by our Manager of Youth Engagement.

CORE VALUES

COLLABORATION

VULNERABILITY

TRUST

PASSION

AUTHENTICITY

SOCIAL PLATFORMS

At Unsinkable we believe in using social media to support our mental health. We drive to connect people to inspiring content, resources & strategies. Since the start of 2021, we have educated, empowered and connected over 15-million people across the globe.



ORGANIZATIONAL STRENGTHS

2020 IMPACT REPORT

SUPPORTING MILLIONS OF PEOPLE WORLDWIDE.

COMMUNITY EVENTS & CAMPAIGNS

BUILDING A CONNECTED COMMUNITY THROUGH EVENTS, CAMPAIGNS & CONVERSATIONS.

PARTNERSHIPS

OUR PARTNERS ARE THE BACKBONE TO OUR ORGANIZATION.

OUR TEAM

EACH MEMBER OF OUR TEAM CONTRIBUTES VALUE THAT ALLOWS OUR ORGANIZATION TO GROW.